



PACT E-News

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www.pactvt.com

Questions about PACT? Please e-mail Susie Merrick (merrick@champlain.edu) or Steve Loyer (sloyer@tgvt.net).

There is something magical about rowing which is difficult to put into words. There is a rhythm to it that is contagious. The synchronicity connects all of the rowers. You can't row unless you row as a team.

-- Chuck Soule
Guidance Counselor and
Rowing Club Advisor
South Burlington High School

PACT Potluck!

Thursday, November 4

5:30-7:30 p.m.

South Burlington High School

Hosted by our PACTeens

Honored Guests:

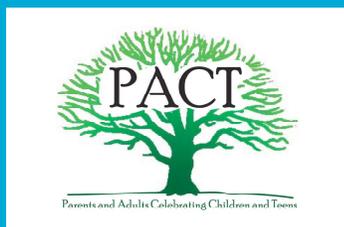
- Coalition for Community Services students *and*
- Actors from *Beauty and the Beast*, who will perform a scene from their musical.

Rowing as a Team: The PACT Vision

PACT Board members asked the South Burlington community to help finalize the PACT Vision: the statement that will help guide PACT in the years to come.

We thank our community for their support and guidance, and we are immeasurably proud to offer the final choice for the PACT Vision:

To build and sustain a community of respect, compassion, and equality.



The Value of Listening

By Talia Glesner

Listening to youth is important for several reasons. It allows for other perspectives to come through, views that might not otherwise be heard.

Oftentimes, youth's minds are open to possibilities that are unencumbered by limitations that we as adults often see. Listening to youth fosters a sense of trust and connection in people and communities that helps to support the healthy development of youth.

Celebrating their voice now allows them to have a voice later. Their voice will grow stronger so during times of adversity and struggle it isn't quieted and their core values don't feel hushed or compromised. They learn to not compromise themselves.

Relationships that demonstrate an increasing balance of power, mutual respect, and positive regard contribute to youth that have more self-confidence and trust in their environment. They're more likely to engage in healthier behaviors, feel less isolated, and be more invested in their communities, ultimately contributing back to the environment in which they live.

Talia Glesner, MS, NCC, CFLE, is a counselor, an educator, and a PACT Board Member.